

2-Day ReBalance Riding Clinic

Improve your Balance, Improve your Ride - *with or without your horse!*
Classically-based Balanced Riding for All types of Riders

2-Day Clinic: Cool, CA – (Sat-Sun) July 31- Aug. 1, 2010

2-Day Clinic: Cool, CA – (Sat-Sun) August 21-22, 2010

2-Day Clinic: Cool, CA – (Sat-Sun) September 18-19, 2010

2-hour Introductory Discussion & Demo: Aug. 20 & Sept. 17

Whether you ride trails, show dressage or rope cattle, success starts with the horse & rider in balance. In balance, a rider and horse move together in unity, not having to fight gravity. In balance, rider requests become quieter, softer and resistance-free. In balance, the horse can respond willingly and fluidly.



Both **Auditors & Riders** get exceptional hands-on time with Zsuzsu to learn improved balance in a step-by-step practical approach towards that elusive goal of one-ness with their horse.



ReBalance clinics focus on effective partnership between horse and rider. This begins with understanding the biomechanics of horse movement, and then adds the science of effective aids.

Regardless of discipline or saddle style, horses need to be ridden with balance and engagement. This allows the horse's muscles to relax and work effectively with natural motion in all gaits. It also allows the rider to ride comfortably. This approach leads to the feeling of harmony that we all search for, whether riding for recreation or competition.

Format: The 2-day clinic intersperses individual riding lessons with on-the-ground exploration of balance, effective aids, and how to get beyond resistance. Riders are coached on developing the skills and feel that create balance and engagement. Between lessons, participants discuss issues that arise.



During lunch discussion time, Riders and Auditors practice horseless exercises to improve balance, feel and biomechanics. This is followed by more individual lessons.

Zsuzsu's clear explanations help riders learn how to improve their horses. She will address common issues including **tightness**, **resistance** and **crookedness** in horses, and the same in their riders. Her supportive approach helps riders get their desired responses more easily while avoiding the many pitfalls we fall into when we feel stuck but need to get a horse to respond.

Zsuzsu Illes: *Her ultimate focus is on softness, lightness and harmony between horse and rider, regardless of breed, discipline or saddle style. Her Classical Dressage & Trail Riding background includes being mentored by her uncle and international clinician Charles de Kunffy (CharlesdeKunffy.com), as well as many other clinicians and master horsemen.*
(www.ReBalanceSaddleFitting.com)

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Cool, CA – American River Ranch, 3320 Highway 49, Cool, CA 95614

PARTICIPANT REGISTRATION FORM

Name _____ **Horse** _____ **Breed** _____

Goals/Issues _____

Address _____

Clinic Date: _____

Phone _____

E-Mail _____

PLEASE READ CAREFULLY

This format is limited to 8 Riders and 10 Auditors. Registration is "first come, first served". If you must cancel, your registration will be returned only if your space can be re-filled.

If the Clinician must cancel, registrations will be fully refunded. Clinic is rain or shine. The arena is covered.

8:00 am – 3:30 pm. A lunchtime group discussion will include exercises exploring foundation & advanced skills. Each rider will work individually with the instructor. Auditors and Riders will discuss issues as they arise throughout the day. All-day participation is encouraged for optimal learning.

<u>CLINIC DETAILS & FEES</u>	<u>#</u>	<u>Amount Due</u>
1 or 2 – Day ReBalance Clinic Rider: \$100 / day	_____	_____
1 or 2 – Day ReBalance Clinic Auditor: \$50 / 2days (or \$40/day)	_____	_____
2 hr ReBalance Intro Discussion & Demo: <i>FREE</i> if pre-registered	_____	_____
Total Due		_____

All Clinic Fees must be paid in full the week prior to the clinic date.

MEALS: There are several restaurants and stores about 5 minutes away. But we recommend you bring your lunch so you can eat lunch with Zsuzsu and learn more.

Please bring your own chair. **NO DOGS ALLOWED. NO SMOKING.**

MAKE CHECKS PAYABLE TO: Susan Hartje, Saddles That Fit!

MAIL TO: 17121 DeMartini Road, Plymouth, CA 95669

CONTACT: saddlethatfit@earthlink.net or (209) 245-3789

Thank you! We look forward to riding with you!!